



He will

*renew*

your **strength**

(Isaiah 58:11)

DIOCESAN RETREAT FOR CAREGIVERS

## Find Strength and Rest in Jesus

Be rejuvenated mentally, emotionally, and spiritually with this one-day retreat that will support those who care for others professionally and at-home.

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**Saturday, March 8, 2025**

**9 AM - 3:30 PM | \$35**

National Shrine of Our Lady of La Leche  
101 San Marco Avenue | St. Augustine, FL 32084



For more information, visit  
[dos afl.com/office-of-family-life/caregivers](https://dos afl.com/office-of-family-life/caregivers)