

# Caregivers Need Care Too

Over 65 million Americans are caring for a loved one while searching for support. Caregivers are right in our pews, churches and communities.



## Transform Caregiving into a Journey of Abundant Blessings.

Nourish for Caregivers gives parishes the tools to establish a ministry to support the practical, emotional and spiritual needs of caregivers. Now, as never before, we are called to come alongside caregivers who are hurting and struggling, showing them the hope and healing love of Jesus.

WE MAKE IT EASY FOR YOU TO

## Spiritually Nourish Those who Care for Others

Our mission is to support and empower caregivers through the gift of faith. With Nourish, caregivers **experience the blessings in their caregiving** and **encounter the love and healing of Christ**. How do we know?

- 93% of caregivers say their stress level's decreased
- 93% say they are more hopeful
- 99% find reconnection and support
- 94% say their faith and prayer life is improved



Learn more on **Tuesday, January 28th, 12 Noon**, at an informational and inspiring **webinar** brought to you at no cost by the Diocese of St. Augustine, Office of Family Life. To register, scan the QR code below, or visit <https://bit.ly/NourishandStAugustine>.

