

When to Know Your Prayers



*Diocese of St. Augustine Guidelines for
Prayers with Children*

July, 2024

GRADE LEVEL PRAYERS

Titles	Grade Level Introduced	Prayers
The Sign of The Cross	PK	In the name of the Father and of the Son and of The Holy Spirit. Amen
Guardian Angel	PK	Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide. Amen
Grace Before Meals	K	Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen
Grace After Meals (option)	K	We give thee thanks, for all thy benefits, Almighty God, who lives and reigns forever. Amen
Our Father	K -1	Our Father who art in heaven hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.
Hail Mary	K-1	Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen
Responses at Mass	K- 2	
Prayer at Stations of the Cross	2	We adore you, O Christ, and we praise you, because by your holy Cross you have redeemed the world
Act of Contrition (from Rite of Penance)	2	My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen
Act of Contrition (alternative)	2	O my God, I am heartily sorry for having offended You; and I detest all my sins because of Your just punishments, but most of all because they offend You my God, who are all good and deserving of all my love. I firmly resolve with the help of Your grace to sin no more and to avoid the near occasion of sin. Amen.
Morning Offering	2 - 3	O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all of the intentions of your Sacred Heart,

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		in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.
Apostles Creed	2-3	I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead, he ascended into heaven, and is seated at the right hand of the God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen
Gloria	3	Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glory you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, only begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen
Prayer for the Deceased	3	Eternal rest grant unto them, O Lord, and let your perpetual light shine upon them. May the soles of the faithfully departed, through the mercy of God, rest in peace. Amen
Jesus Prayer	3	Lord Jesus Christ, Son of the Living God, have mercy on me, a sinner
Act of Faith	4	O my God, I firmly believe that You are one God in three Divine Persons, Father, Son and Holy Spirit. I believe that Your Divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen
Rosary and Mysteries	4-5	Joyful <ol style="list-style-type: none"> 1. The Annunciation 2. The Visitation 3. The Birth of Our Lord

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		<ul style="list-style-type: none"> 4. The Presentation in the Temple 5. The Finding of the Child Jesus in the Temple <p>Luminous</p> <ul style="list-style-type: none"> 1. The Baptism in the Jordan 2. The Wedding at Cana 3. The Proclamation of the Gospel 4. The Transfiguration 5. The Institution of the Eucharist <p>Sorrowful</p> <ul style="list-style-type: none"> 1. The Agony in the Garden 2. The Scourging at the Pillar 3. The Crowning with Thorns 4. The Carrying of the Cross 5. The Crucifixion <p>Glorious</p> <ul style="list-style-type: none"> 1. The Resurrection 2. The Ascension 3. The Descent of the Holy Spirit 4. The Assumption 5. The Crowning of the Blessed Virgin Mary
<p>Nicene Creed (communally)</p>	<p>5</p>	<p>I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord the Giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen</p>
<p>Way of the Cross</p>	<p>5</p>	<ul style="list-style-type: none"> 1. Jesus is condemned to death 2. Jesus bears his cross 3. Jesus falls the first time 4. Jesus meets his mother

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		<p>5. Jesus is helped by Simon 6. Veronica wipes the face of Jesus 7. Jesus falls a second time 8. Jesus speaks to the women 9. Jesus falls a third time 10. Jesus is stripped of his garments 11. Jesus is nailed to the cross 12. Jesus dies on the cross 13. Jesus is taken down from the cross 14. Jesus is placed in the tomb</p>
All Parts of the Mass	5	
Memorare	6-7	Remember, O most gracious Virgin, Mary, that never was it known that anyone who fled to thy protection, implored they help or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen
Prayer for the Departed	6	<p>V. Eternal rest grant unto him/her, O Lord. R. And let your perpetual light shine upon him/her V. May he/she rest in peace R. Amen V. May his/her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. R. Amen</p>
Hail Holy Queen	6 -7	<p>Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary. V. Pray for us O Holy Mother of God R. That we may be made worthy of the promises of Christ.</p>
Prayer of Saint Michael	7	Saint Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly prayer; and d you, O prince of the heavenly hosts, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen
Liturgy of the Hours	7-8	Lauds and Vespers, other hours as able

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<p>The Divine Praises</p>	<p style="text-align: center;">8</p>	<p>Blessed be God Blessed be His holy name Blessed be Jesus Christ, true God and true man Blessed be the name of Jesus Blessed be his most Sacred Heart Blessed be his most Precious Blood Blessed be Jesus in the most holy Sacrament of the altar Blessed be the Holy Spirit, the Paraclete Blessed be the great Mother of God, Mary most holy Blessed be her most Holy and Immaculate Conception Blessed be her glorious Assumption Blessed be the name of Mary, Virgin and Mother Blessed be Saint Joseph, her most chaste spouse Blessed be God in his angels and in his saints</p>
<p>Patron: Prayer of Saint Augustine</p>	<p style="text-align: center;">8</p>	<p>Breathe in me, O Holy Spirit, That my thoughts may all be holy; Act in me, O Holy Spirit, That I love but what is holy; Strengthen me, O Holy Spirit, To defend all that is holy; Guard me, then, O Holy Spirit, That I always may be holy. Amen.</p>
<p>Ignatian Daily Examen~ One example is found here.</p>	<p style="text-align: center;">8</p>	<p>Enter God's presence Review the events of the day in a spirit of gratitude Pray for guidance How were you open to God's Presence in the events of the day? Bring it to Jesus.</p>
<p>Local Prayers should be added as opportunities arise</p>		