



2022 Advent Resources from the Catholic Apostolate Center

The Catholic Apostolate Center invites you to reflect and enter into prayerful waiting for Christ as we approach the Advent season, which begins on Sunday, November 27.

We also invite you to view our new resource, [*An Introduction to Advent: A Season of Active Waiting*](#). This document is for anyone who wants to use a weekly printable reflection on the weeks of Advent as well as an understanding of the liturgical importance of the season. Follow along with the reflections on each week's theme, as well as questions for reflection utilizing the Scriptures.

We also have recently released [*Advent Resources for Youth and Young Adults*](#). This document, aimed at teachers and formators of youth and young adults, provides lessons and suggestions for age-appropriate materials this Advent season. Additionally, there are references to materials and suggestions on best practices for educators of the faith to use to promote the religious elements of the Advent Season.

In addition, our [*Advent Resources*](#) page includes special video presentations, such as the American Sign Language translation of our [*On Mission: Advent episode*](#); Advent focused [*Ad Infinitum blog posts*](#); reflection guides; and other resources related to this season of hopeful anticipation.

We have also included resources from the United States Conference of Catholic Bishops (USCCB), the Salt and Light Media Foundation, Catholic News Service, the Archdiocese of Washington, and many more. These resources are updated regularly throughout the Advent season, so please check back for updated and new content.

Visit these resources and more by clicking on the button [*below*](#).