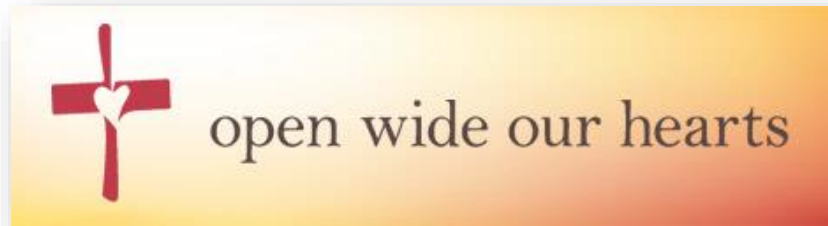


## Resources to accompany the Pastoral Letter:

*Open Wide Our Hearts: the Enduring Call to Love* (USCCB, 2018)



<https://bit.ly/34GMW8o>

Link to a free download of the Pastoral Letter in English and Spanish

<https://bit.ly/38WMN3G>

Link to a two page free downloadable bulletin insert on the Pastoral Letter

<https://bit.ly/2Q94ZOO>

Link to resources from the USCCB, including educational bulletin inserts on background of the systematic causes of racism and prayer resources.

<https://bit.ly/2IYWuCW>

Reading, Praying, Living the US Bishops' Open Wide Our Hearts. Study guide, questions for reflection, prayer.

## Activities and Resources for Children and Youth:

- [Ten Tips for Facilitating Classroom Discussions on Sensitive Topics](#)

Because of the culture of silence about racism, white students often have little experience engaging in meaningful dialogue about racial issues. Students of color may become silent or frustrated when the realities of racism are dismissed or denied. These are practical tips to help you facilitate thought-provoking and respectful class discussions about racism with your students.

- [https://www.educationworld.com/a\\_lesson/celebrate-diversity-unity-necklace.shtml](https://www.educationworld.com/a_lesson/celebrate-diversity-unity-necklace.shtml)

***A lesson plan on diversity or grades 1 -6***

Incorporate activities of self-expression, acceptance, and creativity in order to explore how individuals with differences contribute to building a stronger unit.

Demonstrate that individual differences can work together to form a positive whole.  
Celebrate the diversity among class members

- <https://www.facinghistory.org/resource-library/race-and-racism>

***A lesson plan for grades 6-12: A letter from mother to daughter on racism***

“Open Wide Our Hearts” encourages us to “listen and know the stories of our brothers and sisters.” This written and audio letter helps students practice listening to a personal story. This activity includes discussion questions.

•<http://sciencenetlinks.com/lessons/variation-in-human-skin-color/>

***A scientific lesson plan on skin color for grades 9-12.***

Students learn about the factors that determine skin color and how adaptation and natural selection contribute to variations. They will come to understand that skin color is no longer considered a credible scientific standard by which to classify people into different races.

•[http://www.pbs.org/race/000\\_General/000\\_00-Home.htm](http://www.pbs.org/race/000_General/000_00-Home.htm)

***PBS three part documentary series for grades 9-12.***

This three-part documentary explores this history of race and racism more in depth. The documentary's website provides access to transcripts of the three episodes, grade level specific teacher tools, interactive classroom activities, and a discussion guide. You can purchase the DVD of the documentary or search online for videos of each episode.

•[https://www.smp.org/resourcecenter/resource/12864/?utm\\_source=SF&utm\\_medium=Email&utm\\_campaign=Charlottesville\\_0817\\_E1\\_P](https://www.smp.org/resourcecenter/resource/12864/?utm_source=SF&utm_medium=Email&utm_campaign=Charlottesville_0817_E1_P)

***A prayer service for solidarity among peoples from St. Mary Press (middle and high school)***

•<https://www.teachingforchange.org/teaching-about-race>

Website with materials for teaching all age levels about race and race relations

•<https://www.parentmap.com/article/cultural-diversity-race-family-activities>

Website with ideas for families on teaching cultural diversity

## **Activities and Resources for Adults**

•<https://www.gotostage.com/channel/3137548062961020934/recording/08cc850c7fd84175b396e55355ce540c/watch?source=CHANNEL>

This is a link to a webinar hosted in May by the NFCYM in collaboration with the USCCB and the Catholic Mobilizing Network on Racism.

***Catholic Mobilizing Network Webinar on Open Wide our Hearts.***

This would also be suitable for older teens.

•<https://catholicmobilizing.org/resource/top-5-lessons-pastoral-letter-against-racism>

***Also from Catholic Mobilizing Network, as shorter video on 5 lessons to take form the pastoral letter.***

•<http://www.usccb.org/issues-and-action/cultural-diversity/african-american/resources/letter-from-birmingham-jail-study-guide.cfm>

***Dr. Martin Luther King Jr.'s Letter from Birmingham Jail is a classic document worthy of regular review and reflection..."***

- Study Guide and Introduction Letter by Bishop Denis Madden and Bishop Daniel Flores

•<http://www.usccb.org/issues-and-action/cultural-diversity/intercultural-competencies/index.cfm>

Building Intercultural Competencies, free download of this booklet with additional materials for implementation.

For small group sharing: “Gainesville for All” a three part series about racial history and studies. <http://gnv4all.com/>

### **Catholic Update from Liguori**

*A Catholic Response to Racism: Opening Wide Our Hearts* Fr. John Fahey-Guerra, CSsR

4 page flyer with practical implications for Catholics.

### **Christian Family Movement: *Walking Together: Brothers and Sisters Responding to Racism***

A series developed by the CFM with a study guide for use by parish groups. This is a free download.

[Walking Together](#)

[WalkingTogether Leader's Guide](#)

### **Bibliography: a few selections**

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#### **Experiences of various Ethnic Groups in the United States:**

##### **African-American**

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Lee, Erika. *The Making of Asian America: A History*. New York: Simon & Schuster, 2015.

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## **Native-American Experience**

Dunbar-Ortiz, Roxanne. *An Indigenous Peoples' History of the United States*, Vol. 3. Boston: Beacon, 2014.

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